



PETER ECKMAN ACUPUNCTURE

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Dr. Peter Eckman: Professional Training and Experience

"When I finished my Western medical training with an M.D. and a Ph.D. degree in physiology in 1972 (New York University), I had never heard of acupuncture - certainly not from any of my professors. I moved to San Francisco for my year of medical internship, which can be likened to a "trial by fire", in that it so immersed me in the daily routine of hospital based medicine that I continued to have no exposure to any form of alternative or complementary medical practice, despite the more favorable environment of the Bay Area. That all changed when I decided to take a long overdue vacation instead of applying for a residency program in one of the medical specialties. I knew a career in conventional medical practice was not my life's calling, but I needed to create some space in order to discover the path I have followed ever since.

"The turning point in my professional career came when I was offered a job as a staff physician in an acupuncture clinic in Los Angeles in 1973. Although I still knew nothing about acupuncture at the time, nor did any of my acquaintances, I thought it would be an interesting educational experience, as it came with on the job training from a group of Korean practitioners. The Koreans served as teachers, since by law they were not allowed to treat patients themselves. (This was before Governor Jerry Brown signed legislation in California establishing the profession of acupuncture as a separate and independent healing art from Western medicine.) My initial crash course in acupuncture left me thirsty for more information and training, since from the very first day of working in the clinic, I saw people improving from conditions that, although common, had no effective treatments in the Western medical approach. I began to read the available literature on acupuncture in English, which at that time was rather limited. My thirst for knowledge therefore pushed me in two directions: on the one hand, to find teachers and training courses that could expand my understanding of acupuncture, and on the other hand, to educate myself in the wider field of alternative medicine which had been entirely missing from my prior medical studies. In effect, I created a "residency" in alternative and complementary therapies, with courses that exposed me to such practices as homeopathy, herbal medicine (both Eastern and Western approaches), manipulative medicine and humanistic medicine, to cite a few examples. As for acupuncture itself, I began a search for the best teachers of what at that time was a little known healing art.

"One of my Korean teachers, Chae Woo Lew, agreed to accept me as an informal apprentice, and I spent over ten years working and studying with him in a shared clinical practice, supplemented by classroom didactic sessions. Through him I was fortunate to have met many of the leading practitioners of Korean acupuncture, who later became important teachers for me in their own right. These included Tae Woo Yoo, the originator of Korean Hand Acupuncture, who asked me to edit the English translation of his textbook, and Kuon Dowon, the originator of Korean Constitutional Acupuncture, a less well known style of practice, but quite extraordinary, as Kuon has an almost legendary reputation in Korea. He has yet to publish a textbook himself, but currently heads a cancer research institute that has made remarkable discoveries concerning the potential of acupuncture to treat cancer, which have been published in Western medical journals in Korea. I consider myself fortunate indeed to be one of just a few English speaking students that Kuon has invited to study with him in his clinic in Seoul. Although I learned an immense amount from these

Korean teachers, and what they taught me I still use in my daily clinical practice, I was still frustrated by the limitations of language in studying with these Korean mentors. Thus, in 1974 I traveled to England to begin over ten years of periodic study with the late Professor J. R. Worsley, founder of the College of Traditional Acupuncture. Worsley's style, commonly referred to as "Five Element Acupuncture" is noted for its strong emphasis on the spiritual and psychoemotional aspects of acupuncture, and I recognized that this was a big part of what had been missing from my prior training. I also realized that while there was a large degree of similarity in the various Oriental acupuncture traditions, I was surely missing something by not having had access to Chinese or Japanese teachers, so I arranged for study trips to Kunming in Yunnan Province and Chengdu in Sichuan Province, with additional trips to Korea and Japan.

"Most acupuncturists are trained in a single style of practice, such as Traditional Chinese Medicine, or TCM as it is commonly called. That has never appealed to me, as I have seen the amazing potential in many different acupuncture styles, and so have continued my "eclectic" studies with teachers from around the world. These have included Paul Nogier, the originator of auriculotherapy, Maurice Mussat, one of the leaders of the French school of medical acupuncture, who taught in the U.S. under the auspices of my friend and colleague Joseph Helms (founder of the UCLA post-graduate acupuncture training course for physicians), Sorimachi Taiichi, founder of the Japanese style known as "structural acupuncture, Jeffrey Yuen, a brilliant inheritor of a familial Daoist acupuncture tradition, Truong Thin, a Master practitioner from Vietnam, Hong Liu, a medical Qi Gong Master from China, and Esther Su, a teacher of the Tong family style of acupuncture from Taiwan. Since 2003 I have also been studying Ayurvedic (traditional Indian) medicine with Mary Jo Cravatta, a gifted pulse diagnostician. For a more detailed list of my ongoing education and professional activities, please refer to the appended curriculum vitae.

"In addition to my studies, my professional life has included four other components. I have maintained a full time acupuncture practice since 1974 in San Francisco and Palo Alto, California, which are ongoing. I have also served both the profession and the government in various professional and administrative capacities, including an appointment by the Governor to the California Acupuncture Examining Committee, where I helped design standards for both licensure and academic institutions that train acupuncturists. On the national level, I was a member of the Blueprint Committee that developed the standards for certifying acupuncturists in the US via the NCCA (National Commission for the Certification of Acupuncturists). Although I have not accepted a permanent faculty position at any educational institution, I have been invited to teach at many, including the New England School of Acupuncture, the Traditional Acupuncture Institute, the American College of TCM, the San Francisco College of Acupuncture, and overseas in England, New Zealand and Argentina. A highlight of my teaching career was the collaboration I developed with the late Claude Larre, principal architect of the Ricci Dictionary of the Chinese Language, and a brilliant interpreter of the classical Chinese medical texts. Closest to my heart, however, has been my "literary" career. I have long been fascinated by the differences in the various acupuncture traditions, and the obscurity of their lineage histories. In 1996 I published "In the Footsteps of the Yellow Emperor; Tracing the History of Traditional Acupuncture" which is the only book I know that traces the migration of acupuncture from its birthplace in the

Orient to its widespread dissemination in the West, and elucidates the origins of the Worsley tradition. The first edition is now a collector's item, but an updated paperback edition has been back in print since 2008. Other publications have included "Closing the Circle; Lectures on the Unity of Traditional Oriental Medicine" in collaboration with Stuart Kutchins (I believe it to be the earliest attempt to find common ground between proponents of the Five Element <Worsley> and Eight Principle <TCM> groups of practitioners), and editor of both "Koryo Hand Acupuncture" by Tae Woo Yoo, and "The Essential Book of Traditional Chinese Medicine" by Liu Yan-chi."

CURRICULUM VITAE

Peter Eckman, M.D., Ph.D.

EDUCATION

- **B.S.** with honors in Chemistry, City College of New York, 1965
- **Ph.D.**, Physiology, New York University, 1972 (Dissertation: "Electrically Excitable Interneuron Somata in the Fifth Abdominal Ganglion of the Lobster, Homarus Americanus; A Physiological and Anatomical Investigation)
- **M.D.**, New York University, 1972
- **Internship** in Medicine, Children's Hospital, San Francisco, 1973
- **Graduate**, West Coast Acupuncture Research Institute, Los Angeles, 1973
- **Lic. Ac.**, College of Chinese Acupuncture, Oxford, England, 1974
- **Preceptorship** with Chae Woo Lew, O.M.D., C.A., a Korean traditional acupuncturist, 1974-1984
- **Graduate**, Seminar in Manipulative Medicine by John Mennell, M.D., 1976
- **Graduate**, National Physician's Training Program in Humanistic Medicine, Institute for the Study of Humanistic Medicine, San Francisco, 1977
- **B.Ac.**, College of Chinese Acupuncture, Leamington Spa, England, 1981
- **Graduate**, training program in Traditional Chinese Herbal Medicine, Yunnan Institute of Traditional Chinese Medicine, Kunming, China, 1981
- **Graduate**, course in "Theoretical Foundation of Traditional Chinese Medicine" by Dr. Xie Zhu-fan of Beijing Medical College, given at Pacific Medical Center, San Francisco, 1981
- **Graduate**, seminar in "Yin & Yang/The Eight Principal Patterns' by Ted Kaptchuk, O.M.D., Pacific College of Naturopathic Medicine, San Rafael, California, 1982
- **Graduate**, course in "Auriculotherapy" by Paul Nogier, MD., San Francisco, 1982
- **Member**, Study Tour of Japan, Japan American Acupuncture Foundation, 1982
- **Graduate**, course in "Energetics" by Maurice Mussat, M.D., San Diego, California, 1983
- **Graduate**, seminar on "Pulse Diagnosis" by Manfred Porkert, Columbia MD, 1983

- **Graduate**, Acupuncture Training Program of Shanghai College of Traditional Chinese Medicine, San Francisco, 1983
- **Member**, Study Tour of China, Chengdu College of Traditional Chinese Medicine, Traditional Acupuncture Society of England, 1984
- **Member**, Study Tour of Korea and Taiwan, Koryo Sooji Chim Acupuncture Institute, 1985
- **Graduate**, seminar on "Extrameridians" by Yoshio Manaka, San Francisco, 1985
- **Preceptorship** with Kuon Dowon, O.M.D., C.A., the founder of Constitutional Acupuncture, Seoul, Korea 1987-1988
- **Graduate**, seminars with Drs. Kobayashi and Mori, Japanese American Acupuncture Foundation, San Francisco, 1986
- **Graduate**, seminar in "Hara Diagnosis" by Kiiko Matsumoto, Santa Cruz, 1987
- **Graduate**, course in Chinese Herbal Medicine" by S. Dharmananda, University of San Francisco, 1986-1987
- **Preceptorship** with Yoo Tae Woo, founder of Korean Hand Acupuncture, 1985-1995
- **Graduate**, seminar on "Scalp Acupuncture", Dr. Hsio Chien Lin, San Francisco, 1987
- **Graduate**, seminar on "Clinical Herbology", Dan Bensky, D.O., Tiburon, California, 1987
- **Graduate**, seminar on "O-Ring Test and Acupuncture", Yoshiaki Omura, M.D., Los Angeles, 1988
- **Graduate**, seminar on "Constitutional Acupuncture of Dr. Moon", Stephen Stiteler, C.A., Willets, California, 1988
- **Graduate**, seminar on "Structural Acupuncture", Sorimachi Taiichi, Hilo Hawaii, 1989
- **Graduate**, seminar on "The Formulas of Chinese Medicine", Dan Bensky, D.O., San Francisco, 1990
- **Graduate**, seminar on "The Magic Square and Acupuncture", Dr. Jeffrey Pang, Santa Cruz, 1991
- **Graduate**, seminar on "Shaku-Ju" theory, Miki Shima, San Francisco, 1992
- **Graduate**, seminar on "Meridian Therapy", Miki Shima, San Francisco, 1993
- **Attendee**, "HIV, AIDS and Chinese Medicine" conference, San Francisco, 1993
- **Graduate**, seminars on "Acupuncture and Cancer", "Psychodynamics and Chinese Medicine", and "Astrological Acupuncture", Jeffrey Yuen, San Francisco, 1993-1996
- **Graduate**, seminar on "Vietnamese Acupuncture" by Truong Thin, Portland, 1996
- **Graduate**, seminar on "Balance Therapy" by Richard Tan, Mill Valley, 1998
- **Graduate**, seminar on "Su Jok Acupuncture" by Ludmila Zabrodina, San Francisco, 1999
- **Graduate**, seminars on the "I Ching", and on "Beginning, Intermediate and Advanced Qi Gong", and informal preceptorship with Master Hong Liu, San Francisco, 2000-2002

- **Graduate**, seminars on “Chinese Herbal Medicine” by Richard Tan and John Chen, San Francisco, 2002
- **Attendee**, spiritual healing ministry of Joao de Deus, Casa de Dom Ignacio, Abadiania, Brazil, 2002-2004
- **Attendee**, seminar series on “Ayurvedic Pulse Diagnosis” by Mary Jo Cravatta, Berkeley, 2003-2008
- **Graduate**, seminars on “Spirits of the Herbs” by Thea Elijah, Berkeley, 2005
- **Graduate**, seminar on “The vital sensation in homeopathy” by Rajan Sankaran, Deerfield Beach, FL, 2005
- **Preceptorship** with Puramo Chong, O.M.D., Korean Constitutional Acupuncturist, Buffalo Grove, IL, 2005
- **Graduate**, seminar series on “Korean Acupuncture” by H.B. Kim, Whittier, CA, 2006
- **Graduate**, seminar on “Fukushin”, by Nigel Dawes, Berkeley, 2006
- **Graduate**, seminar on “Pulse Diagnosis” by Jimmy Chang, San Francisco, 2006
- **Graduate**, seminar series on “Pulse Diagnosis” by Jeffrey Yuen, San Francisco, 2006-2008
- **Graduate**, seminar series on “Master Tong’s Acupuncture” by Esther Su, San Jose, 2007-2008
- **Graduate**, seminar on “Pulse Diagnosis” by Joseph Adams, Berkeley, 2008
- **Graduate**, seminar on “The Treatment of Pain” by Niki Bilton, San Francisco, 2010
- **Graduate**, seminar on “Emotional and Spiritual Healing in Chinese Medicine: Virtue Healing by Restoring Human Nature” by Liu Lihong, Laurel, MD, 2010
- **Graduate**, seminar on “Relevance of Ayurveda in Acupuncture Practice” by Drs. U.K. Krishna and P. Jayagopal, Los Angeles, 2011
- **Graduate**, seminar on Jeffrey Yuen’s Meridian Systems by Steven Alpern, Santa Cruz, 2012
- **Graduate**, seminar on Classical Chinese Medical Theory by Heiner Freuhauf, San Francisco, 2013
- **Graduate**, webinar on treating allergy with Sasang Constitutional Acupuncture by David Lee, hosted by Lotus Institute, 2013
- **Graduate**, seminar on "TCM Classics & Body Constitution" by Dr. Wang Qi, Five Branches University, Cupertino, 2014.
- **Participant**, SCU Extravaganza, Anaheim, 2014. Graduated classes with Brad Whisnant on “Master Tung Acupuncture” and Jimmy Chang on “The Art of Pulse Diagnosis”.
- **Participant**, AAMA Symposium, St. Louis, 2015. Graduated classes by Ed Neal on “How to be a physician in Chinese Medicine” and Hugh MacPherson on “Acupuncture is not a Placebo”.
- **Graduate**, class in “Archaic Acupuncture/Nan Jing Pulse Diagnosis” by Igor Simonov, via Skype 2015.

- **Graduate**, seminar on “Classical Acupuncture Texts” by Robert Johns, Berkeley, 2017

HONORS

- **Magna Cum Laude**, City College of New York, 1965
- **Phi Beta Kappa**, City College of New York, 1965
- **Fellow of the Grass Foundation**, Marine Biological Laboratory, Woods Hole, Massachusetts, 1971
- **Fellow of the U.S. - China Educational Institute**, San Francisco, 1978
- **Fellow of the Center for Chinese Medicine**, Los Angeles, California, 1978
- **Diplomate, National Commission for the Certification of Acupuncturists (Dipl.Ac.)**, 1985 #001141
- **Fellow of the National Academy of Acupuncture and Oriental Medicine (FNAAOM)**, 1993
- **Gold Cup First Prize-Second Conference on World Traditional Medicine**, Laughlin, NV, 1995; sponsored by China Cultural Research Institute, Beijing and American Institute of Chinese Medicine, S.F.
- **Fulbright Specialist Roster Candidate**, U.S. Department of State's Bureau of Educational and Cultural Affairs (ECA) and the Institute of International Education's Council for International Exchange of Scholars (CIES), 2014-2019.
- **Founding Vice President**, Centre de Recherche sur les Apports occidentaux à la Médecine chinoise (CRAOMC), Paris, 2017.

RESEARCH AND PROFESSIONAL EXPERIENCE

- **Staff Physician**, West Coast Medical Group - Acupuncture, Riverside, California, 1973
- **Emergency Room Physician**, Golden Gate Hospital, San Francisco, for Emergency Medical Systems, Inc., 1974
- **Staff Physician**, Everyman's Free Clinic, San Francisco, 1974
- **Staff Physician**, San Francisco City V.D. Clinic, 1974
- **Member of Board of Directors**, Healix Center (a Holistic Educational Group), San Francisco, 1974-1976
- **Clinical Instructor**, Department of Anesthesiology, Stanford University Medical Center, 1975-1976
- **Consultant** for Research Project on "Acupuncture and Post-Operative Pain" at Stanford University Medical Center, 1975
- **Private General Practice** with a specialty in Acupuncture Therapy, 1974 - present
- **Medical Clinic Physician**, Kaiser Hospital, Santa Clara, California, 1975-1979
- **Core Faculty**, Union Graduate School, San Francisco, 1976-1986

- **Member of Educational Advisory Board**, Center for Chinese Medicine, Los Angeles, 1978
- **Member**, Advisory Board, U.S. - China Educational Institute, San Francisco, 1978
- **Medical Director**, Min An Health Center, San Francisco, 1979
- **Medical Director**, Oriental Medical Research Center, Oakland, CA, 1974-1984
- **Member**, The North American Acupuncture Association, 1981
- **Acupuncture Examination Commissioner**, California Board of Medical Quality Assurance, 1981
- **Member**, Examinations Subcommittee of Acupuncture Advisory Committee, California Board of Medical Quality Assurance, 1982
- **Chief Trainer of Acupuncture Examiners**, California State Acupuncture Examination, 1982
- **Examiner**, Florida State Acupuncture Examination, 1982
- **Consultant**, Pacific College of Naturopathic Medicine, San Rafael, California, 1982
- **Consultant**, American Holistic Medical Association Acupuncture Training Program, Berkeley, CA, 1982-1987
- **Distinguished Guest Faculty**, Traditional Acupuncture Institute, Columbia, Maryland, 1982
- **Adjunct Faculty**, American College of Traditional Chinese Medicine, San Francisco, 1982
- **Professor of Chinese Medicine**, University of Oriental Studies, Los Angeles, California, 1982
- **Coordinator**, Collaborative Teaching Project with Father Claude Larre, Institute Ricci, Paris, France, 1983 - 1984
- **Member**, Blueprint Committee of the National Commission for the Certification of Acupuncturists, 1984
- **Member**, Advisory Committee, American Foundation of Traditional Chinese Medicine, San Francisco, 1984 - 2000
- **Consulting Editor**, Journal of Traditional Acupuncture, 1984 - 2000
- **Final Reviewer**, California State Acupuncture Examination, 1984 - 1985
- **Keynote Speaker**, Third Conference of the Traditional Acupuncture Foundation, Columbia, Maryland, 1984
- **Guest Lecturer**, Traditional Acupuncture Society, Oxford, England, 1985
- **Member**, Oriental Healing Arts Institute, Hawaiian Gardens, California, 1985 - 2000
- **Member**, Acupuncture Examining Committee, California State Board of Medical Quality Assurance, 1986 - 1989
- **Chairman**, Schools and Credentials Subcommittee, Acupuncture Examining Committee, 1986 - 1988
- **Chairman**, Blueprint Panel, Acupuncture Examining Committee, 1986 - 1989
- **Chairman**, Examination Subcommittee, Acupuncture Examining Committee, 1989

- **Member**, Foreign Relations Committee, NCCA, 1987 - 1989
- **Secretary**, Koryo Hand Acupuncture Institute of America, 1987 - 1989
- **Advisor** to American Academy of Medical Acupuncture, 1987 - present
- **Speaker**, Maryland Acupuncture Society Symposium, 1988
- **Editor**, Koryo Hand Acupuncture Institute Newsletter, 1988 - 1989
- **Lecturer** on "Acupuncture", Stanford Medical School, 1989
- **Lecturer** on "Chinese Medicinal Plants", Strybing Arboretum Society, San Francisco, 1990
- "Books in Review" Columnist, Journal of Traditional Acupuncture, 1991 - 2000
- **Lecturer**, American Academy of Medical Acupuncture Symposium, Philadelphia, 1991
- **Lecturer** on "Chinese Medicine", University of California Medical School, San Francisco, 1991
- **Lecturer**, Traditional Acupuncture Institute Graduate Education Program, Columbia, MD, 1991 - 1992
- **Keynote Speaker**, "Roots of British Acupuncture", Symposium of Traditional Acupuncture Society, Oxford. England, 1992
- **Adjunct Faculty**, College of Traditional Acupuncture (U.K.), Leamington Spa, 1993 -1997
- **Lecturer**, American Academy of Medical Acupuncture Symposium, Scottsdale, AZ, 1994
- **Lecturer**, Big Island Acupuncture Association, Kailua-Kona, HI, 1994
- **Honorary Consultant**, Second Conference on World Traditional Medicine, American Institute of Chinese Medicine, Las Vegas, 1995
- **Member**, Acupuncture Role Delineation Review-Blue Ribbon Panel, NCCA, 1995
- **Lecturer**, Kellogg National Fellowship Program, San Francisco, 1995
- **Lecturer**, Traditional Acupuncture Institutr, Columbia, MD, 1997
- **Lecturer**, New England School of Acupuncture, Boston, 1997
- **Lecturer**, New Zealand Medical Acupuncture Society, Wellington, 1997
- **Keynote Speaker**, British Acupuncture Council, Stratford-upon-Avon, England, 1997
- **Guest Lecturer**, Korean Hand Acupuncture Seminar for JEMCO, Buenos Aires, Argentina, 1999
- **Lecturer**, on "Barrier Points", American College of TCM, San Francisco, 1999
- **Lecturer**, US-China Summit on Chinese Medicine in the 21st Century, San Francisco, 2000
- **Sponsor**, Classes on Qi Gong taught by Master Hong Liu, Healingmountain, San Francisco, 2000-2002
- **Lecturer**, Classical Chinese Medical Literature, Tai Sophia Institute, Laurel, MD, 2011
- **Consulting Editor**, KOSA, The Silver Bullet, Korean Orthodox Saahm Acupuncture by Byoung Soon Kim, 2011

- **Lecturer**, Korean Hand Acupuncture & Korean Constitutional Acupuncture, University of East West Medicine, Sunnyvale, 2014
- **Guest Speaker**, British Acupuncture Council, Rugby, England, 2014, "Resonance & Spirit" & "Possession & the Seven Dragons"
- **Guest Speaker via Skype**, "Jacques Lavier; a presentation to the Second International Forum of Anthropological Research on Chinese Medicine in the West", Kunming, China, 2014
- **Lecturer**, "Constitutional & Conditional Pulse Diagnosis", SCUHS Extravaganza, Anaheim, 2014
- **Lecturer**, "Korean Constitutional Acupuncture", "Constitutional & Conditional Pulse Diagnosis" and "Ayurvedic Pulse Diagnosis in Acupuncture", AAMA Symposium, St. Louis, 2015
- **Presenter**, "Constitutional & Conditional Pulse Diagnosis", Barcelona, Spain, Workshop, 2016
- **Presenter**, "Constitutional & Conditional Pulse Diagnosis", Valencia, Spain, Workshop, 2017
- **Visiting Scholar and Lecturer**, Maryland University of Integrative Health, 2017
- **Workshop Presenter**, "Constitutional & Conditional Pulse Diagnosis", Kunming, China, 2017
- **Guest Speaker**, "Heaven, Earth and Man", a presentation to the Fifth International Forum of Anthropological Research on Chinese Medicine in the West", Kunming, China, 2017

PUBLICATIONS

- **Closing the Circle, Lectures on the Unity of Traditional Oriental Medicine**, Peter Eckman and Stuart Kutichins, published by Shen Foundation, Fairfax, California, 1983
- **The Third House on the Right, Kidney Fire - A Study**, Peter Eckman, The Journal of Traditional Acupuncture, Vol VII, number 3, pp. 13-15, Spring Issue, 1984
- **Acupuncture and Science**, Peter Eckman, International Journal of Chinese Medicine, Vol. 1, Number 1, pp. 3-8, March Issue, 1984
- **The Historical Foundations of Traditional Chinese Acupuncture**, Peter Eckman, The Traditional Acupuncture Society Journal (England), Number 1, pp. 24-28, March Issue, 1987
- **The Essential Book of Traditional Chinese Medicine**, Liu Yan-Chi; Peter Eckman, and Kathleen Vian, editors, Columbia University Press, 1988
- **Koryo Hand Acupuncture, Volume 1**, Tae Woo Yoo; Peter Eckman, editor, Eum Yang Mack Jin Publishers, Soeul, Korea, 1988
- **The Book of Changes in Traditional Oriental Medicine**, Peter Eckman, The Traditional Acupuncture Foundation, Columbia Maryland, 1988

- **Korean Acupuncture**, Peter Eckman, The Traditional Acupuncture Society Journal (England) No. 7, pp. 1-6, April,1990
- **Testing Knowledge and Skills in Traditional Oriental Medicine: A Report on the Development of the California Examination for Licensing Acupuncturists**, Peter Eckman, American Journal of Acupuncture, Vol 18, No. 1, pp. 61-64, 1990
- **An Introduction to Koryo Sooji Chim: Korean Hand Acupuncture**, Peter Eckman, American Journal of Acupuncture, Vol 18, No. 2, pp. 135-139, 1990
- **The Physiological Bases of Acupuncture Microsystems**, Peter Eckman, American Academy of Medical Acupuncture Review, Vol. 3, No. 2, pp. 7-10, 1991
- **LA and TCM, Circling Around "It"**, Peter Eckman, The Traditional Acupuncture Society Journal (England) No. 11, pp. 32-34, April, 1992
- **The Secret Treatise of the Spiritual Orchid**, Claude Larre and Elisabeth Rochat de la Vallée; Foreword by Peter Eckman, Monkey Press, Cambridge, England, 1992
- **Some New Evidence For Dating The Trigrams Of The I Ching**, Steve Moore and Peter Eckman, Fortean Studies, Vol. 1, pp.300-303, John Brown Publishing, London, England, 1994; Reprinted in The Oracle, Journal of the I Ching Society Vol. 1 No. 2, pps 3-8, 1995
- **The Daoist Concept of Alarm Points**, Peter Eckman, American Academy of Medical Acupuncture Review, Vol. 6, No. 1, pp. 13-22, 1994
- **Ayurveda and Korean Hand Acupuncture: A Brief Introduction to Some Similarities Between Constitutional Typologies**, Peter Eckman, American Journal of Acupuncture, Vol 23, No.2, pp. 153-158, 1995
- **In the Footsteps of the Yellow Emperor; Tracing the History of Traditional Acupuncture**, Peter Eckman, Cypress Book Co., San Francisco, 1996
- **Tracing the Historical Transmission of Traditional Acupuncture to the West: In Search of the Five Element Transfer Lineage and a higher Vision**, Peter Eckman, American Journal of Acupuncture, Vol 25, No. 1, pp. 59-69, 1997
- **Nourishing Destiny; The Inner Tradition of Chinese Medicine**, Lonny Jarrett, Foreword by Peter Eckman, Spirit Path Press, Stockbridge, MA, 1999
- **Contemporary Chinese Medicine and Acupuncture**, Claire Cassidy, editor. Chapter 2: "The Theory of Oriental Medicine," pps.12-41 by Peter Eckman. Churchill Livingstone, Philadelphia, 2002.
- **Five Element Constitutional Acupuncture**, Angela Hicks,John Hicks and Peter Mole, Foreword by Peter Eckman, Elsevier, London, 2004
- **Traite d'acupuncture, Jean Borsarello et. al., "Histoire de l'acupuncture contemporaine"** , pps.11-17 by Peter Eckman, Masson, Paris 2005
- **In the Footsteps of the Yellow Emperor; Tracing the History of Traditional Acupuncture**, Peter Eckman, revised paperback edition, Long River Press, San Francisco, 2007
- **Power of the Five Elements: The Chinese Medicine Path to Healthy Aging and Stress Resistance**, Charles Moss, Foreword by Peter Eckman, North Atlantic Bokks, Berkeley,2010.

- **The Compleat Acupuncturist; A Guide to Constitutional and Conditional Pulse Diagnosis**, Peter Eckman, Singing Dragon Press, London, 2014.
- **Traditional Chinese Medicine, Science or Pseudoscience; A Response to Paul Unschuld**, The Journal of Chinese Medicine (England), Issue 104, pp. 45-50, 2014
- **Jacques Andre Lavier's Contributions to the Transmissions of Chinese Acupuncture Doctrines**, A presentation to the Second International Forum of Anthropological Research on Chinese Medicine in the West, Kunming, 2014, delivered on my behalf by Professor Hor Ting of the Yunnan University of Chinese Medicine
- **Treating the Elderly: A Case Study**, Acu., Newsletter of the British Acupuncture Council, Winter, 2015, p.17
- **Ayurvedic Pulse Diagnosis in Acupuncture**, Medical Acupuncture, vol. 27, no. 2, 2015
- **Precision in Finger Placement for Pulse Diagnosis**, The Journal of Chinese Medicine (England), Issue 109, pp. 40-55, 2015.
- **Eastern and Western Medicine: Separate but Equal**, The North American Journal of Oriental Medicine), Vol. 23, No 68, pp. 5-6, 2016.
- **Grasping the Donkey's Tail; Unraveling Mysteries from the Classics of Oriental Medicine**, Peter Eckman, Singing Dragon Press, London, 2017
- **The Scientific Basis of Ayurvedic and Chinese Medicine**, chapter 10 in Nutrition and Integrative Medicine: A Primer for Clinicians, Bakhru, A. (ed.), CRC Press, Boca Raton 2017 (in press).



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